


MALAY MEDICINE.

TRANSLATED FROM KITAB TIB.

Honey is the king of the medicines. It is of a dry and heating nature. It will clear out the phlegm and every bad thing from the body, and heal all manner of ailments.

Onions cure all poisons, whether internal or external. They are of a pungent nature. If eaten before breakfast, with honey, they will probably clear out phlegm, and kill the worms. Now worms are bred in the stomach by stinking food.

Another use of onions is, that when mashed up with salt and honey, they will cure ulcers.

Vineger is of great use in stopping blood. It is also useful in a great many other ways.

Pepper, says a certain physician, is of both a heating and a cooling nature. If you grind it fine, and when you have mixed it with honey, swallow it, it will cure colds, and drive out every thing bad from the stomach, cleanse the lungs and liver. It makes thirsty.

If a man take anise-seed, it will keep off all sorts of diseases.

Ginger, taken with honey, cures cough, mends the voice, cleanses the breath, clears out the lungs, and retards the progress of all diseases of the breast. When you take it, you are to refrain from sour things, and from milk. It also chases wind out of the stomach.

Y. Z.